



## AUTHORISED PERSON CONFINED SPACE

ON-SITE

5 DAY OPEN CLASSROOM

### TRAINING OVERVIEW

This course is designed to meet the essential requirements for 'controlling the entry and work' in confined spaces, required by the Confined Spaces Regulations 1997 and the MOD Safety Rules and Procedures contained within JSP 375 Volume 3 Chapter 6.

### COURSE AIMS

- Understanding the legislation applying to confined spaces working.
- Applying the JSP375 V2 Chapter 6
- Undertaking the risk assessments of confined spaces work.
- Working with permits to work.
- Developing safe systems of work and safe methods of work.
- Selecting, installing and maintaining control measures.
- Understanding the mechanisms of atmosphere testing and monitoring.
- Developing, installing and maintaining emergency plans and procedures,
- Maintaining records and documents for confined spaces working for entries, which have been, risk assessed and classified under JSP375.

### DURATION

5-day course commencing at 10:00 hours on day 1, ending at no later than 16:00 hours on day 5, with a 30-minute lunch break each day.

HXT-APCS

SHEFFIELD

**BOOK ONLINE  
TODAY**

Or speak to a  
member of our  
sales team



## LEARNING OUTCOMES

1. Introduction
2. Health & Safety Legislation and Confined Spaces Regulations
3. Confined Space Identification and Associated Hazards
4. Hazardous Atmospheres
5. Safe Systems of Work
6. Emergency and Rescue Arrangements
7. Medical Requirements
8. Training and Competency Requirements
9. Confined Space Equipment
10. Confined Space Risk Assessment
11. Permit to Work
12. Confined Space Entry Planning and Implementation

## WHAT CERTIFICATION WILL YOU ACHIEVE?

Successful candidates will achieve a certificate in Authorised Person Confined Spaces Training. The certificate should be refreshed every 2 years.

## HOW IS THIS COURSE DELIVERED?

Learning will come in a classroom environment in the form of trainer explanation, group discussions, videos, practical classroom exercises and will be broken up with breakout sessions. Practical within a simulated confined space or trailer unit. Assessment of learning will be a multiple choice delivered by paper.

During the course learners will be assessed by both written and practical exercises.


## DO YOU NEED TO BRING ANYTHING WITH YOU?

- Photographic ID
- As the course has external practical elements, delegates are advised to bring outdoor protective clothing, such as: Safety boots, Hard hat, Gloves, Overalls or work clothes, Knee pads (optional)
- There are practical exercises involving the use of breathing apparatus, delegates working on MOD estates are advised of the need to provide evidence that they meet the level of medical fitness required by the MOD safety rules covering confined spaces.
- All other course material, such as a work book, will be provided by the trainer on the day.



## RELATED COURSES


Delegates undertaking this course may also be interested in the following City & Guilds and IOSH accredited training courses:



**HXT-CS01**

**ON-SITE**  
**OPEN CLASSROOM**


**CONFINED SPACE LOW-MEDIUM RISK**  
1 Day (Open Classroom)



**HXT-CS02**

**ON-SITE**  
**OPEN CLASSROOM**

**CONFINED SPACE MEDIUM-HIGH RISK**  
2 Days (Open Classroom)



**HXT-CS03**

**LIVE WEB-CONFERENCE**

**CONFINED SPACE AWARENESS**  
3 Hours (Live Web-Conference)



**IOSH-MS**

**ON-SITE** **LIVE WEB-CONFERENCE**  
**OPEN CLASSROOM**


**IOSH MANAGING SAFELY**  
3 Days (Open Classroom)  
3 Days (Live Web-Conference)



**IOSH-WS**

**ON-SITE** **LIVE WEB-CONFERENCE**  
**OPEN CLASSROOM**

**IOSH WORKING SAFELY**  
1 Day (Open Classroom)  
1 Day (Live Web-Conference)



**IOSH-MSR**

**ON-SITE** **LIVE WEB-CONFERENCE**  
**OPEN CLASSROOM**

**IOSH MANAGING SAFELY REFRESHER**  
1 Day (Open Classroom)  
1 Day (Live Web-Conference)