

# Emergency First Aid at Work - Online Annual Refresher

## *IIRSM Approved*

What is Emergency First Aid? Well it's exactly that, the first aid to be offered if an incident occurs. Not many of us are confronted with scenes of blood and gore in our everyday lives – so usually first aid could be as simple as sticking a plaster on a small cut.

But what if you did find yourself confronted with a more serious situation. This Emergency aid course will highlight some of the most common situations that you might come across and the actions that you can take to help.

In the most serious situations a first aider's role will be to assess the scene so that accurate information can be passed to Emergency services and then to act appropriately to try and increase the patients odds of survival.

Course	Module Number	Module Name	Pass % Required
Emergency First Aid at Work	1	What is First Aid?	70
Emergency First Aid at Work	2	Barriers, ABCDs and the recovery position	70
Emergency First Aid at Work	3	CPR and AEDs	70
Emergency First Aid at Work	4	Choking	70
Emergency First Aid at Work	5	Bleeding	70
Emergency First Aid at Work	6	Shock	70
Emergency First Aid at Work	7	Spinal Injuries	70
Emergency First Aid at Work	8	Breaks	70
Emergency First Aid at Work	9	Head Injuries	70
Emergency First Aid at Work	10	Sprains	70
Emergency First Aid at Work	11	Managing an Incident & Record Keeping	70
Emergency First Aid at Work	12	Burns & Scalds	70
Emergency First Aid at Work	13	Electric Shock	70
Emergency First Aid at Work	14	Eye Injuries	70
Emergency First Aid at Work	15	Anaphylaxis and Diabetes	70
Emergency First Aid at Work	16	Heart Attack & Stroke	70

**Recommended System Requirements**

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

**Duration:** 150 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions).*