

# Your Personal Development

## CPD Approved

A key part of your progression within the adult social care sector will be focused on your personal development. In a number of sectors it is even a legal requirement to continue to develop your skills and knowledge and it is essential to ensure you are working to the most up to date standards and guidance.

The course will start by looking at the way standards are set, monitored and regulated for social care organisations and workers throughout the UK. It then goes on to cover the codes of practice and legislation, reflecting on your work to ensure continued improvement, communication, feedback and much more.

Course	Module Number	Module Name	Pass % Required
Your Personal Development	1	The Course Structure	70
Your Personal Development	2	Setting Standards	70
Your Personal Development	3	Codes of Practice and Legislation	70
Your Personal Development	4	Reflecting on your Work Activities	70
Your Personal Development	5	Personal Attitudes and Beliefs	70
Your Personal Development	6	Formal and Informal Learning	70
Your Personal Development	7	Feedback	70
Your Personal Development	8	Personal Development Plans	70

## Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

**Duration:** 35 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions).*