

## **Confined Spaces Awareness Training (HXT-CS03) City & Guilds Accredited Programme**

### **Course Overview**

This course is designed to give you confidence and knowledge when managing employees and sub-contractors in Confined Spaces.

It aims to help you recognise foreseeable, specified risks, understand the regulations and legislation, and the specialist equipment used in Confined Space entry.

### **Outline Course Agenda**

1. What makes a space turn into a Confined Space?
2. Specified foreseeable risks
3. Products and equipment that could change the environment
4. Confined Space Regulations
5. The Water UK Guidance Notes
6. The National Classifications, 1, 2, 3 & 4
7. Confined Space Roles & Responsibilities
8. Risk assessments
9. Confined Space Permits to Work
10. Health & Hygiene dangers in confined space working
11. Selecting of Equipment for Confined Space entry
12. Escape Set - Wearing & Inspecting
13. Gas Monitor Functions
14. Harness - Wearing & Inspecting
15. Safety Tripod - Using & Inspecting
16. Fall Arrest Winches - Using & Inspecting
17. Top team & Entrants

### **What Certification Will You Achieve?**

Successful candidates will achieve a City and Guilds certificate in Confined Spaces Awareness Training. The certificate of competence should be refreshed every 3 years.

### **How Is This Course Delivered?**

Learning takes the form a 1/2-day non-practical course that is delivered via our bespoke live web-conference teaching platform.

### **Do You Need To Have Anything With You?**

- PC, Laptop, Tablet or mobile with internet and speakers
  - If no speakers are present you may also dial in by phone to hear the audio
- Workbook (downloadable when enrolled)
- Pen

### **Duration**

This is a ½ day course taking place in the morning or afternoon, and includes a short break.

If you would like to explore having this course delivered at your premises, please call us on 01909 666708, or email: [training@hydro-x.co.uk](mailto:training@hydro-x.co.uk) for details.